



Muesli

Categories: Breakfast

Yield: 2/3

Ingredients

Amount	Ingredient	Preparation
5 1/3	cup rolled oats	
2/3	cup brown sugar	
2/3	cup coconut	
1	cup wheatgerm	
1	cup bran	
2	tsp mixed spice	
1/3	tsp salt	
1/2	cup oil	
1/2	cup milk	

Dried fruit

10	dried apricots
6 3/4	dried pineapple
1/2-2/3	cup sultanas

Instructions

Mix all ingredients but dried fruit. Bake for 30-40 minutes at 180°C, stirring every 10 minutes.

Leave to cool, then cut up and add dried fruit.