



Hamburger patties

Categories: Meat

Yield: 37 meatballs

Ingredients

| Amount | Ingredient | Preparation |
|-----------|------------------------------|-------------|
| UL | | |
| 2 | slices bread | |
| 2 | tsp soy sauce | |
| 1 | tblsp tomato sauce | |
| 1 | tsp beef stock powder | |
| 750 | g beef mince | |
| 1.5 | tsp mixed herbs | |
| OR 1.5 | tsp thyme | |
| 1 | UL egg | |

Instructions

Mix all but bread and mince.

Break the bread into pieces or process, and add.

Mush with fork, adding a little water if necessary.

Add mince, mix and shape into flat patties using wet hands.

Fry for about 5 minutes per side, pressing with spatula. Check to be fully cooked in the middle.