

Muesli



Categories: Breakfast

Yield: 1

- rolled oats: 8 cup
- brown sugar: 1 cup
- coconut: 1 cup
- wheatgerm: 1 1/2 cup
- bran: 1 1/2 cup
- mixed spice: 3 tsp
- salt: 1/2 tsp
- oil: 3/4 cup
- milk: 3/4 cup
- Dried fruit:
 - dried apricots: 15
 - dried pineapple: 10
 - sultanas: 3/4-1 cup

Mix all ingredients but dried fruit. Bake for 30-40 minutes at 180°C, stirring every 10 minutes.

Leave to cool, then cut up and add dried fruit.
